

Anadi Yoga Centre - Yoga Teacher Training in Rishikesh, India



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[Anadi Yoga Centre](#) conducts yoga teaching training affiliated with Yoga Alliance. This yoga school and retreat centre is located in Rishikesh-India and is surrounded by beautiful mountains in the foothills of Himalaya with a lush green surroundings and tranquility at the bank of holy and mighty Ganges. The participants will get professional yoga training as per the guidelines set by Yoga Alliance and will live yogic lifestyle during their training

- Anadi Yoga offers [200 hour yoga teacher training](#) course curriculum covers an understanding of traditional Hatha and Ashtanga Vinyasa flow, introduction to meditation and its various layers while also sharing their teachings of theory and yoga philosophy from basic to advance levels in reference to various ancient yogic text and scripture.
- Anadi Yoga Center conducts [300 hour yoga teacher training](#) courses which are an advance certified professional residential affordable yoga teachers training course. The course is meant for those aspirants who have done the basic certified course of 200 hours from any Registered Yoga School(RYS) affiliated with Yoga Alliance. Since the eligibility to enroll for this advance course is 200 Hours TTC hence one has to produce the

certificate before enrolling for this course.

- This master level short term crash course is ideal for those budding yogis who wants to certified as a professional yoga teacher, covering the yoga training curriculum in one go rather than someone who finishes their 200 hour TTC and then 300 hour TTC in order to obtain [500 Hour Yoga Teacher Training](#) Course affiliated with Yoga Alliance.

For more details, please visit <http://www.indiafinder.in/detail/anadi-yoga-centre-yoga-teacher-training-in-rishikesh-india-7921>