

Diet Food Delivery - Instadiet

**Address**

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India
Instadiet

Contact Person**Mobile Number****Email**

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Instadiet is a [diet food delivery service](#) that helps its customers achieve their weight loss goals by providing personalized diet plans. We offer a large range of delicious but calorie counted and portion-controlled meals so people can lose weight without limiting themselves to monotonous and bland salads. Our menu consists of meals that people are used to eating in general, and the best part is that we deliver an entire month's worth of food at once, to spare you the inconvenience of daily deliveries.

For more details, please visit <http://www.indiafinder.in/detail/diet-food-delivery-10829>