

Dr. Aruna Muralidhar



Dr. Aruna Muralidhar 
Women Health Consultant



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Dr. Aruna Muralidhar is a practising Obstetrician and Gynaecologist and is presently Senior Consultant in a reputed hospital. She has 17 years of experience in the field of [Obstetrics and Gynaecology](#) both in United Kingdom (UK) and India. She is a compassionate and non-judgmental doctor with empathetic and ethical approach for holistic health.

Her special interests include Maternal Medicine, High risk pregnancy and Adolescent Health.

Since her relocation from UK to Bangalore, she has been very active in spreading awareness about various health issues including Menstrual problems in adolescents and women in general, cancer screening and prevention and safe sex and contraception etc.

She is a Rotarian and is an active member of Bangalore Society of Obstetricians and Gynaecologists (BSOG) and Bangalore RCOG Trust (Forum of members and fellows of Royal College of Obstetricians and Gynaecologists, UK). Through these platforms, she has delivered many lecture and presented papers in National and International conferences.

She has published studies is peer-reviewed journals and is a reviewer for British Journal of Obstetrics and Gynaecology and International Journal of Obstetrics and Gynaecology (IJOG).

She also enjoys teaching and training of postgraduates for the MRCOG examinations. Her passion lies in training nurses as well in Obstetric

emergencies and counselling and Evidence based practice.
Her hobbies and interests include painting, art, poetry, and tennis.

Vision and Mission

Having been educated and trained in both Bangalore, India and the United Kingdom (UK), I have had the fortune of seeing a wide range of clinical challenges in women's health. From providing quality healthcare in high- end tertiary hospitals to providing accessible simple and cost-effective solutions to the lower economic strata, I have realised that a lot of expertise and information can be dissipated amongst both health care providers, allied health workers and the general public to improve community health to a large extent.

My vision is to provide holistic, quality- care in an approachable, non-judgemental and woman-centred manner in order to improve the quality of life of the woman.

My mission statement is **INCLUSIVE AND HOLISTIC WOMEN'S HEALTH FOR ALL.**

For more visit my Website : <http://drarunamuralidhar.com/> or Contact No. : 08067454444

For more details, please visit <http://www.indiafinder.in/detail/dr-aruna-muralidhar-8949>