

## INSTADIET

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**Address**

S - 98, Panchsheel park  
Delhi, Delhi 110017  
India

**Contact Person**

INSTADIET

**Mobile Number**

+91-9315909058

**Email**

info@instadiet.co.in

InstaDiet is a diet food delivery service that helps its customers achieve their weight loss goals by providing personalised diet plans. We offer a large range of delicious but calorie counted and portion-controlled meals and snacks, so people can lose weight without limiting themselves to monotonous and bland salads. We cover our customers from breakfast to dinner, and our menu consists of meals that people are used to eating in general. From Indian staples and delicacies to Asian and Continental options, we have it all. Instadiet's USP lies in the fact that we deliver an entire month's worth of food at once, to spare you the inconvenience of daily deliveries.

For more details, please visit

<http://www.indiafinder.in/detail/instadiet-12451>