

Samatva Yogalaya - Yoga Teacher Training in Rishikesh, India



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[Samatva Yogalaya](#) is located near Ram Jhula in Swarg Ashram area of Rishikesh which is a Himalayan town in the northern state of Uttarakhand, India. It is not only known as the yoga capital of the world but is equally known for its spiritual attributes. In ancient times yogis, rishis and sages were attracted to this peaceful town through which the Holy Ganges flowed.

What we offer?

- Samatva Yogalaya's [200 hour yoga teacher training](#) course aka YTTC or TTC lays a good foundation in hatha and ashtanga yoga. It is also your first step towards becoming an effective and certified yoga teacher. Besides making you adept as a yoga teacher the course also will lead you towards personal transformation
- A 200 hour yoga teacher training course is hardly sufficient to discover all that yoga has to offer. The [300 hour yoga teacher training in India](#) at Samatva Yogalaya, Rishikesh will offer you further enlightenment in your chosen field of traditional hatha and ashtanga yoga.
- The [500 hour yoga teacher training in India](#) is challenging

because it equips yoga teachers with expertise in hatha and ashtanga yoga practices, which includes physical as well as theoretical knowledge of yoga. The 500-hour course is a perfect choice for those of you, who wish to complete your entire yoga teacher training in one go. You will not only deepen your personal practice but will be fully prepared to teach yoga to beginners and those who are undertaking the 200 hour TTC.

For more details, please visit <http://www.indiafinder.in/detail/samatva-yogalaya-yoga-teacher-training-in-rishikesh-india-7944>