

Vcare Skin Clinic



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DARK CIRCLES TREATMENT

Infraorbital dark circles are generally not a cause of medical concern; however, they are aesthetically unpleasing for many individuals, particularly for women, and can occur across all age brackets.

Causes

Their aetiology is complex and multi-factorial, and there are numerous intrinsic and extrinsic factors associated with their occurrence. Visually, dark circles are characterized by differences in colour between the palpebral and surrounding areas of facial skin. The colour of the palpebral skin is strongly associated with intrinsic factors, such as an individual's ethnic origin and genetics, including the amount and quality of melanin pigment in the skin.

Triggering Factors

Dark circles are most often associated with

Tiredness

Sleep Deprivation and Fatigue

However, there are numerous other extrinsic and lifestyle-related triggers, including

Illness

Infections

Atopy and Allergies

Stress

Hormonal changes

Chronic irritation of the eye area

Eye strain

Exposure to UV light

Dehydration

Poor nutrition

Vitamin Deficiency

Excessive Alcohol Consumption & Smoking

Certain medicines, such as non-steroidal anti-inflammatory and chemotherapy drugs

The anatomy of the eye area is complex and can also be a contributory factor

For more details, please visit <http://www.indiafinder.in/detail/vcare-skin-clinic-15454>