Arhanta Yoga Ashram





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Arhanta Yoga Ashrams offers yoga teacher training courses online and offline which is accredited by Yoga Alliance. It is a yoga ashram operating in India and Europe. We inspire people in our classes for their health awareness. Our professional yoga teachers focus on developing your yoga style and teaching wisdom. You will learn complete yoga asanas and exercises. We teach advance levels of yoga and meditation exercises. In this training, you will gain skills, techniques, knowledge, and teaching methods. You will make sure that you get the best experience and the perfect learning environment at our Yoga Center. We have various yoga courses, which are internationally certified like Hatha Yoga, Yin Yoga, Vinyasa Yoga, Yoga Nidra, etc. 18000+ students have been certified since 2008.

For more details, please visit https://www.indiafinder.in/detail/arhantayoga-ashram-19790