

## **Arohan Yoga**





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**Arohan Yoga** is the Yoga Center in Rishikesh that offers Yoga Teacher Training Courses. The Yoga center is a family-run establishment. The majority of the yoga taught at our institution in India is Satyananda Yoga. There are also influences from other yoga practices including lyengar, Yin, and Ashtanga Vinyasa Flow. Yoga teacher training courses are offered at Arohan Yoga in Rishikesh, India, to students from all around the world. The main objective of the yoga school in Rishikesh is to make yoga accessible to everyone.

For more details, please visit https://www.indiafinder.in/detail/arohanyoga-15429