Fit with Mohit

Address	sco 94-95 sector 34, chandigarh Chandigarh, Chandigarh 160022 India
Contact Person	Mohit Verma
Mobile Number	8146208256
Email	fitwithmohit23@gmail.com

Fit with Mohit

Overview:
Fit with Mohit is a trusted online health and fitness brand founded by Mohit Verma—renowned fitness coach, professional cricketer, and widely recognized as the best dietitian in Chandigarh. We specialize in personalized weight loss diet consultation programs that deliver real, sustainable results—without the need for gym-based workouts. Our science-backed, high-protein vegetarian diet plans are tailored to each individual's needs and lifestyle.

Mission:
To help people transform their health through customized nutrition plans and consistent support—making weight loss simple, natural, and achievable.

Services:

101 Weight Loss Diet Consultation Program
Customized high-protein vegetarian diet plans
One-on-one online consultations and follow-ups

Lifestyle, habit, and mindset coaching for long-term results
Why Choose Us:

Recognized as the best dietitian in Chandigarh
Personalized, gym-free weight loss solutions
Proven track record of client success stories
Backed by athletic experience and evidence-based knowledge

For more details, please visit https://www.indiafinder.in/detail/fit-with-mohit-21284